

Felsted Primary School

Friday Flyer



17/1/2025



AUTISM EXPERIENCE

Have you ever wondered what it might feel like to have Autism or another neurodiverse condition? This week our staff took part in the Autism Bus experience. You may have noticed we had a bus parked on the playground on Tuesday. Staff had

sessions throughout the afternoon. The **Autism Reality Experience** is an innovative, immersive and hands on training which has been developed to give neurotypical people an opportunity to enter the neurodiverse world and experience the sensory processing difficulties faced by people on the autism spectrum. The 'ARE' challenges normal thinking and directly confronts you with the profound impact of the environment, communication and much more:-

- Hypersensitivity to the sensory environment
- How it feels to become overwhelmed
- Proprioceptive hyposensitivity
- Vestibular hypersensitivity
- Difficulty processing language and instructions
- Flexibility of thought issues
- Being in an environment that doesn't account for your needs

This training was provided as part of the PINS project and gave us real insight into some of the difficulties some of our children are facing. As not all staff were able to attend we are looking at booking another date for this and will be able to open up some sessions for parents. As soon as we have a date we will share this with you.



WALK TO SCHOOL LEADERBOARD

- 1st - Oak Tree
- 2nd - Apple Tree
- 3rd - Laurel Tree



CLASS CERTIFICATES

Well done to all of the children who received an award from their teacher this week!

POLITE AWARD

Elliott from Cherry Tree

JIM BEAR

BIRCH: Anya and Joey

Brilliant – well done! ☺



HEALTHY EATING



Next week the Healthy Eating Team will be visiting the school to gather pupil views on food in school and our food policy. Thank you to those of you who have shared your view as parents/carers. Staff are also being consulted. We will let you know the outcome from this consultation as soon as we have gathered all the information.



MENTAL HEALTH WEEK

We are so pleased to be taking part in Place2Be's Children's Mental Health Week 2025 in association with Here4You supported by Disney, from **3rd-7th February**. This week is to empower and equip children across the UK to share their voice. This year's theme is *Know Yourself, Grow Yourself*. It is so

important we understand what makes us tick, our likes and dislikes, strengths, fears, hopes and dreams. Our emotions play a key role in telling us just that, and being aware of how to listen to and express ourselves is a major part of building self-awareness. It is through knowing ourselves and speaking with others, that we can build resilience, grow and develop. All the children will be exploring these ideas in class and assembly as we celebrate Children's Mental Health Week. To finish off the week we are having a **Dress Down Day** where children and staff can wear non uniform.



FUTURE EVENTS

The PTFA are keen to organise a Movie and Munch after school for the children. They have plans for an Easter event and are working

towards a Summer Fete. Once dates have been finalised they will be in touch.

CONTACT DETAILS

Please get in contact with us if you have any questions or queries that can't be addressed through Tapestry. For general questions use the admin@felsted-pri.essex.sch.uk. Any SEN enquiries should be sent to senco@felsted-pri.essex.sch.uk. For anything confidential please email directly to the head using the head@felsted-pri.essex.sch.uk

ATTENDANCE



This week Bruno will be going to Laurel Tree - well done! Their attendance was 98.9 %!! Weekly average for attendance this week was 96%.

DATES FOR YOUR DIARY:-

- Jan 29th** – Parent Workshop on Neurodevelopmental Diversity 1.45-3.15pm
- Feb 4th** – Parent Consultations 3.30-6pm
- Feb 4th-7th**: Children's Mental Health Week and Dress Down day
- Feb 12th** – Parent Workshop - Emotional Regulation 1.45-3.15pm
- Feb 12th** – Class Rep Meeting 9am
- Feb 13th** – Parent Consultations 3.30-6pm
- Feb 14th**- Maple trip Colchester Castle
- Feb 27th** – Birch trip to Stansted
- 3rd-7th March** – Book Week
- 6th March**: Wonderdome vsit
- 7th March** – Art Exhibition 1.45-3pm
- March 12th** – Parent workshop - Learning and Executive Functions 1.45-3.15pm
- March 13th** - Science Day
- March 14th** - Apple trip to Call of the Wild
- March 20th and 21st** - 1.45-2.45 pm Whole School Singing Concert

Wishing everyone a restful weekend from Mrs Collins and all the staff at Felsted Primary School

