

# FELSTED PRIMARY SCHOOL

PHYSICAL EDUCATION POLICY JANUARY 2025



Nurturing today's minds for tomorrow's challenges

- Be Respectful
- Be Kind
- Be Safe

## **OUR INTENT**

At Felsted Primary School, we believe that Physical Education is crucial in developing a range of skills in our pupils, as well as understanding the benefits this has to their health. We ensure that pupils receive a high-quality approach to their Physical Education curriculum which inspires all pupils to succeed and excel in competitive sport and other physically demanding activities.

In line with the national curriculum, we aim to ensure that pupils:

- Develop competence to excel in a broad range of physical activities.
- Are physically active for sustained periods of time.
- Engage in competitive sports and activities.
- Lead healthy, active lives.

We currently hold the Gold Games Mark award and are confident that we can maintain this high standard.

## **OUR IMPLEMENTATION**

- All children have at least two hours of timetabled PE sessions each week.
- In the Foundation Stage, children have the opportunity to take part in PE sessions which include a range of dance, gym and games lessons with a heavy focus on developing the children's physical literacy. There are many other physical activities happening throughout the week as part of our physical development work.
- In Key Stage 1 and Key Stage 2, pupils have the opportunity to take part in PE sessions which include a range of dance, gym, yoga and games lessons.
- In the summer term, all children have two swimming lessons a week in our outdoor heated swimming pool to provide the opportunity for the children to meet the National Curriculum aims of swimming 25m.

## **OUR IMPACT**

- All children will leave Felsted Primary School with the experience of engaging in a variety of sports which will benefit their physical health.
- Children will develop and build upon key physical and motor skills, improve focus, self-discipline, and brain development.
- Children will have the opportunity to achieve a basic standard of swimming along with an understanding of water safety.
- Every child will have the opportunity to develop their enjoyment of sport as well as social skills linked to competition by participating in a tournament and/or competition each year in KS1 and KS2.

## **PROGRESS AND ASSESSMENT**

- SEND - Lessons are adapted to suit the needs of pupils with SEND needs.
- Challenge – Each lesson allows for opportunities for skills to be developed and challenged beyond the objective. This can be achieved through the extension activities in the PPP planning.

Assessment is a continuous process from which teachers and children gain insight into learning:

- The purpose of the activity is made clear at the start of the lesson.
- Feedback is given to the children directly during the lesson to help children assess their own progress.
- Observations made during the lesson are used to inform future teaching.
- Lessons are adapted to meet the needs of pupils with SEND needs.

## **MONITORING**

Monitoring is carried out by the subject leader through lesson observations, reviewing tagged posts on Tapestry, and analysis of attainment data on Insight.

## **ROLES AND RESPONSIBILITIES**

The monitoring of the standards of children's work and of the quality of teaching is the responsibility of the PE subject leader. The work of the subject leader also involves supporting colleagues, being informed about current developments and competitions in the subject and providing a strategic lead and direction for the subject in the school. As well as making its own distinctive contribution to the school curriculum, PE contributes to the wider aims of primary education as follows:

- Where appropriate, computing enhances the teaching of PE in all key stages. It is used as a pre-learning tool as well as a means of recording the children's performance for self-evaluation and development of skills.
- Children use their English skills to provide feedback using appropriate and task-specific vocabulary.
- Maths skills are used and developed as children measure and record time and distance, count and record scores.
- PE contributes to our PSHRE curriculum as children learn about the benefits of a healthy, active lifestyle. It also allows them to develop teamwork skills as well as learn how to celebrate victory and graciously accept defeat. Our Year 6 pupils are responsible for planning, organising, and running our whole-school Sports Day in the Summer Term. We also have a group of PE Ambassadors who plan and run events throughout the year, both at Felsted and as part of the wider Uttlesford School Sports Partnership.

## **RESOURCES**

- We currently use the Primary PE Planning (PPP) scheme of work.
- PE lessons and activities are planned and adapted to ensure that the children are able to build on their prior knowledge while giving them the opportunity to develop their skills and understanding of each activity area, with clear progression to ensure that the children develop as they move up through the school.
- Skills of external sports coaches are utilised to offer a wider range of extra-curricular activities that cannot be covered within the curriculum lessons (gymnastics, archery, hockey, multisport). A full list of the current clubs that we offer can be found on the school's website.
- We use outside agencies to teach additional sports, such as cricket and cheerleading, which also contribute to the CPD for our staff.

- There is a wide range of resources to support the teaching of PE across the school. The large apparatus, kept in the hall, is set up by the children as part of their lesson – always under the supervision of an adult.

## PROFESSIONAL DEVELOPMENT

- CPD is achieved through peer observations and lesson studies.
- Teachers are given the opportunity to request additional training through annual questionnaires.
- ECTs are automatically registers on Rolls and Inversions training following qualification.


## HEALTH AND SAFETY

- Felsted Primary School adheres to County guidelines set down in the Essex County Council Code of Practice.
- Teachers are made aware of any disability/medical condition that could affect a child's performance.
- Staff and pupils adhere to a safe dress code.

## EQUAL OPPORTUNITIES

- At Felsted Primary School, we inclusively teach PE to all children. Through our PE teaching, we provide children with the learning opportunities that enable every child to make good progress. As a school, we strive to meet the needs of those pupils with Special Educational Needs and Disabilities (SEND), those who are gifted and talented, those who have English as an additional language or those who have been identified as pupil premium.
- We strive to ensure that all children have access to the full range of activities involved in learning PE as well as the opportunity to participate in activities outside of our school.

## CURRICULUM MAP

 <b>FELSTED PRIMARY SCHOOL PE CURRICULUM MAP</b>						
	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
EYFS	Dance	Multi skills	Dance Ball Skills	Enjoy a ball	Gym	Athletics Swimming
Y1	Dance Tag Rugby	Dodgeball Tennis	Yoga Ball Skills	Mini-Muay Thai Kwik Cricket	Gym Archery Orienteering	Rounders Athletics Swimming
Y2	Dance Tag Rugby	Dodgeball Tennis	Yoga Ball Skills	Mini-Muay Thai Kwik Cricket	Gym Archery Orienteering	Rounders Athletics Swimming
Y3	Dance Tag Rugby	Dodgeball Tennis	Yoga Netball	Mini-Muay Thai Kwik Cricket	Gym Archery Orienteering	Rounders Athletics Swimming
Y4	Dance Tag Rugby	Dodgeball Tennis	Yoga Netball	Mini-Muay Thai Kwik Cricket	Gym Archery Orienteering	Rounders Athletics Swimming
Y5	Dance Tag Rugby	Dodgeball Tennis	Yoga Netball	Mini-Muay Thai Kwik Cricket	Gym Archery Orienteering	Rounders Athletics Swimming
Y6	Dance Tag Rugby	Dodgeball Tennis	Yoga Netball	Mini-Muay Thai Kwik Cricket	Gym Archery Orienteering	Rounders Athletics Swimming

## **POLICY MONITORING**

The PE leader is responsible for the monitoring of the implementation of this policy. The leader reports to the headteacher on the effectiveness of the policy. The policy will be reviewed every year.

Reviewed January 2025

By

New date to review January 2026